



# Absolute Wellness Massage

Absolute Wellness Massage offers a variety of massage techniques to meet YOUR personal needs.

We can decide what your focus will be for the session then I'll use any techniques I feel appropriate to accomplish our goals.

## Price List

1 Hour Massage	\$80
1-1/2 Hour Massage	\$115
2 Hour Massage	\$175
Hot Stone Massage	add \$15
Chinese Cupping	add \$15
Infrared Sauna Session (1/2 hour)	\$40 per session
Gemstone Facial	\$85
Cancellation Fee*(without 24 hour notice)	\$35 for each hour booked

**Please contact for special rates on massage and sauna packages**

**Gift Certificates also available**

**Absolute Wellness Massage** is conveniently located minutes from Pinehurst and Southern Pines in Aberdeen, NC on 400 N Sandhills Blvd. Massages are appointment only.

Please schedule your appointment by email : [lark.girl3@gmail.com](mailto:lark.girl3@gmail.com) or by phone: **919-274-5736**.

**I look forward to your wellness!**