



Absolute Wellness Massage

Absolute Wellness Massage offers a variety of massage techniques to meet YOUR personal needs.

We can decide what your focus will be for the session then I'll use any techniques I feel appropriate to accomplish our goals.

Price List

| | |
|---|---------------------------|
| 1 Hour Massage | \$80 |
| 1-1/2 Hour Massage | \$115 |
| 2 Hour Massage | \$150 |
| Hot Stone Massage | add \$20 |
| Chinese Cupping | add \$20 |
| Infrared Sauna Session (1/2 hour) | \$40 per session |
| Gemstone Facial | \$85 |
| Cancellation Fee*(without 24 hour notice) | \$35 for each hour booked |

Please contact for special rates on massage and sauna packages

Gift Certificates also available

Absolute Wellness Massage is conveniently located minutes from Pinehurst and Southern Pines in downtown Aberdeen, NC on 113 West Main Street, Suite A. Massages are appointment only.

Please schedule your appointment by email : lark.girl3@gmail.com or by phone: **919-274-5736**.

I look forward to your wellness!